

# Answers to questions about your new **OTC plus Card**

## This **free** card gives you:

- **\$390** automatically loaded each quarter to buy eligible over-the-counter (OTC) health items and healthy foods\*
- A chance to earn up to **\$455** in rewards for completing healthy activities



## How do I get my card?

Once you become a member, we will send your pre-loaded card in the mail. It will have **\$390** on it. At the beginning of each calendar quarter (January 1, April 1, July 1 and October 1), another **\$390** is automatically added to the card. Any money left on your card at the end of each quarter will expire. It does not carry over to the next quarter. **You will want to use this money on your card before the end of each quarter to get the full amount.**

## Where can I use my card?

The **OTC plus Card** can be used at many pharmacies and retail stores including Rite Aid, Walmart, Walgreens, Farmbox Rx and more. To find a full list of participating retailers, go to [otcmember.com](http://otcmember.com) and log in with your card number. You can also find a list of participating retailers using the OTC Network mobile app. Details about the app are included on this handout.

## What items can I buy?

Over 90,000 eligible items are covered like cold care, oral care, pain relief, and grocery items like meat and produce. Go to [otcmember.com](http://otcmember.com) for a complete list of covered items. Some brands may not be available at all retail locations. Rewards dollars can be spent on many items except for alcohol, tobacco, firearms, prescription drugs or lottery tickets. See the **OTC plus Card** benefit guide for more details. This list may change from month to month. If you need help, you can also call our Customer Service department toll-free at 888-712-3258, TTY 711.

## The OTC Network mobile app

An app for both Android and iPhone makes using your **OTC plus Card** a whole lot easier. You can use the app to check your account balance, scan barcodes at retail locations, search the list of eligible items and more. To download the app, search for "OTC Network" at Google Play or the Apple App Store.

*\*No cash reimbursements.  
Card can only be used to purchase  
eligible items at participating retailers.*

# How do the rewards for completing healthy activities work?

You could earn up to **\$455** in rewards added to your **OTC plus Card** each year, just for making time for your health. Simply complete eligible healthy activities like an annual wellness visit, certain screenings or participating in a qualifying health program. All healthy activities must be completed by December 31 of every year. You will have 90 days after the end of the year to spend your rewards.

## How do I earn rewards?

All you have to do is complete a health activity from the list below and we'll take care of the rest. You do not need to fill out any forms or call us. Your reward will typically be loaded to your **OTC plus Card** about a month after you've completed the health care activity. You can check your rewards balance at [otcmember.com](http://otcmember.com), by calling 888-682-2400, or by using the OTC Network mobile app.

Health care activity	Your reward	Health care activity	Your reward
Complete a health risk assessment (paper, online or over the phone)	\$15 a year	Get a flu shot	\$25 a year
Get a wellness visit or other qualifying visit	\$50 a year	Silver&Fit Fitness Center visit or Home Fitness Kit delivered	\$25 a year
Get a complete COVID-19 vaccination	\$25 a year		

## Activities and rewards for qualifying members only

These screenings or activities may be available to members who meet program conditions or when recommended by a provider. A CareOregon Advantage partner may reach out to you to complete certain activities.

Get a comprehensive medication review (for members who qualify for a Medication Therapy Management Program)	\$25 a year	Participate in disease state management with a pharmacist (for members following MI, CABiG, PCI or other revascularization procedure)	\$15 per quarter (\$60 max yearly)
Participate in disease state management with a pharmacist (for members with diabetes or hypertension)	\$15 per quarter (\$60 max yearly)	Get a medically recommended mammogram	\$50 a year
Get a medically recommended colorectal cancer screening	\$50 a year	Get a medically recommended bone density screening	\$25 a year
<b>Diabetic screening:</b> Get an A1C lab test	\$15 a year	<b>Diabetic screening:</b> Get a kidney function test	\$15 a year
<b>Diabetic screening:</b> Get a diabetic eye exam	\$15 a year		

**Questions?** Call 503-416-4279 or toll-free 888-712-3258, TTY 711. Our hours are 8 a.m. to 8 p.m. seven days a week, October 1 to March 31, and 8 a.m. to 8 p.m. Monday through Friday, April 1 to September 30.

CareOregon Advantage Plus is an HMO-POS SNP with a Medicare/Medicaid contract. Enrollment in CareOregon Advantage Plus depends on contract renewal.

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